Hello! I am a long time resident of Columbia and I wanted to spread some ways to fight racism in this community. This is a list of local resources and actions to take, with orgs, numbers, businesses, and other features. I have compiled this list to try and help the community activate. This is a work in progress and will be continually updated. If there is an issue with this document, call it out. If there is an addition to be made, let me know. You can contact Skyler Froese on Facebook Messenger or on Instagram.

This is a really great comprehensive post for national action:
https://blacklivesmatters.carrd.co/

Protest
Get Involved
Education
Contact Representatives

• Call US Representatives and Senators
• Call Missouri Congress Representatives
• Calling County Offices
• Calling Municipal Offices

Support Black Businesses

Protest
• Ongoing protests have been occurring down town
• Black Lives Matter Protest, Sunday 5/6/20 at court house @ 2PM
  https://www.facebook.com/events/276495606734762/
• 8 minutes 46 seconds. A march in solidarity for George Floyd. Tuesday 6/9/20 at Francis Quadrangle @ 7PM
  https://www.facebook.com/events/266071401413660/
• Protestor Rights https://www.aclu-mo.org/en/node/199
• Comprehensive protest resources https://blacklivesmatters.carrd.co/#protesters
• Fundraiser for Columbia protestor who was hit by a car on 6/2/120
• Mid Missouri Legal Services http://mmls.org/

Get Involved
• Join and donate to Race Matters, Friends https://racemattersfriends.com/
• Donate to and volunteer with the RMF Bail Fund
• Get involved with Transparency Como, which seeks to make columbia city government more transparent https://transparencycomo.wiki.zoho.com/
• Inclusive Impact Institution https://www.inclusiveimpact.org/
• Missouri NAACP http://www.monaacp.org/
• Voluntary Action Center (has antiracism pamphlets for free)
  https://www.vacmo.org/
Education

- **A trigger warning that all of this is obviously about racism and violence**
- Read this brief history, breakdown, and personal account of racism in Columbia [https://www.voxmagazine.com/magazine/being-black-in-columbia/article_2bdeed4e-baba-11e8-a7cc-b7dff6ff396.html](https://www.voxmagazine.com/magazine/being-black-in-columbia/article_2bdeed4e-baba-11e8-a7cc-b7dff6ff396.html)
- Read CPD’s handbook to identify the ways our police allow for discrimination (annotation coming soon) [https://www.como.gov/police/cpd-policies/](https://www.como.gov/police/cpd-policies/)
- **Understanding Columbia’s racist history**
  - Mizzou’s archive of primary documents on black history [https://libraryguides.missouri.edu/c.php?g=517997&p=3541871](https://libraryguides.missouri.edu/c.php?g=517997&p=3541871)
  - DBRL resources [https://www.dbrl.org/research-and-learn/history-geography/black-culture-history](https://www.dbrl.org/research-and-learn/history-geography/black-culture-history)
  - Historic places [https://comohistoricplaces.com/black-history/](https://comohistoricplaces.com/black-history/)
  - Sharp End, Columbia’s previous black business district [https://www.columbiatribune.com/news/20191013/rude-awakenings-sharp-end-or-lost-history-columbia-should-know](https://www.columbiatribune.com/news/20191013/rude-awakenings-sharp-end-or-lost-history-columbia-should-know)
  - Accounts of racism at mizzou [https://libraryguides.missouri.edu/racism](https://libraryguides.missouri.edu/racism)
  - Sharp End, Columbia’s previous black business district [https://www.columbiatribune.com/news/20191013/rude-awakenings-sharp-end-or-lost-history-columbia-should-know](https://www.columbiatribune.com/news/20191013/rude-awakenings-sharp-end-or-lost-history-columbia-should-know)
  - Black Missourians are more likely to get pulled over [https://www.pbs.org/newshour/nation/black-missouri-drivers-91-more-likely-to-be-stopped-state-attorney-general-finds?fbclid=IwAR18uiK7zGHAPrYswcwu5TLmj5IqEcygPSa-Crr4vqIR8BwQKkm0X6aF_2E](https://www.pbs.org/newshour/nation/black-missouri-drivers-91-more-likely-to-be-stopped-state-attorney-general-finds?fbclid=IwAR18uiK7zGHAPrYswcwu5TLmj5IqEcygPSa-Crr4vqIR8BwQKkm0X6aF_2E)
Contact Representatives
Sample letter: https://docs.google.com/document/u/0/d/1jiY9yV87su5cPYFLXoiHjdUZSX2Z5h_JOFoYKBI-go/mobilebasic
Call US Representatives and Senators
Senator Roy Blunt (573) 442-8151
   https://www.blunt.senate.gov/contact/contact-roy
Senator Josh Hawley (573) 554-1919
   https://www.hawley.senate.gov/contact
Representative Vicki Hartzler (573) 442-9311
   https://hartzler.house.gov/contact/email
Representative Blaine Luetkemeyer (573) 635-7232
   https://luetkemeyer.house.gov/contact/

If you don’t know what to say:
Tell them that as a constituent, demand federal action and investigation in the deaths of George Floyd, Breonna Taylor, and all others murdered by police. Tell them to support laws barring police departments from using military equipment. Should they not represent these concerns, your vote will reflect that.

Call Missouri Congress Representatives
Sample letter: https://docs.google.com/document/u/0/d/1jiY9yV87su5cPYFLXoiHjdUZSX2Z5h_JOFoYKBI-go/mobilebasic
Caleb Rowden (573) 751-3931 - team@calebrowden.com
Representative Cheri Toalson (573) 751-1169 - Cheri.Toalson-Reisch@house.mo.gov
Representative Kip Kendrick (573) 751-4189 - Kip.Kendrick@house.mo.gov
Representative Martha Stevens (573) 751 9753 - Martha.Stevens@house.mo.gov
Representative Chuck Basye (573) 751-1501 - Chuck.Basye@house.mo.gov
Representative Sara Walsh (573)751-2134 - Sara.Walsh@house.mo.gov
Governor Michael Parson ((573) 751-3222 - https://governor.mo.gov/contact-us

If you don’t know what to say:
• Tell them that as a constituent, you are angry at the unlawful use of violent force across the country to limit protestors’ first amendment rights.
• Ask that violent police tactics end in Kansas City and St. Louis.
• Tell them to support laws barring police from using military equipment
• Tell them to compel Governor Mike Parsons to call off the national guard in Missouri to allow for protest.
• Ask that all officers wear body cameras.
• Ask that all officers receive peaceful de-escalation training
• Forbid all officers from using carotid restraints (chokeholds, strangleholds, etc.)
• Require all officer’s to report excessive force from another officer. Require intervention
• Ask that the police can not shoot moving vehicles
• Require officers to give a verbal warning before the use of force
• Require officers to report the use/threat of force against civilians
• Require thorough vetting of officers to bar those with a history of discrimination from joining the force
• Ask that officers be severally reprimanded and prosecuted for unjust force. Tell them more than three complaints against an officer should be grounds for termination
• Ask to defund/ disband / reallocate (depending upon your stance) funding to police departments reallocating funding to community centers and community social services.

Calling County Offices

Boone County Sheriff’s Office (573) 875-1111
bcsd@boonecountymo.org
Boone County Prosecuting Attorney, Daniel K. Knight (573) 886-4100
pa@boonecountymo.org

If you don’t know what to say, express your concern for the following
• Require officers to document when they threaten civilians with force
• increase racial profiling training
• require peaceful de-escalation training for all officers
• Deauthorize police from carrying firearms
• Require community outreach as mandatory annual training
• Make ethics training annual
• Require a multiparty review of use of force.
• Require officers to report excessive force from other officers
• Ask that officers not be allow to use force without a warning and an immediate threat present
• Ban the use of all choking holds
• Require that outside organizations investigate shootings in which an officer cause harm or death.
• extend antibias training to specifically include antiracist education
• require all uniformed police officers to wear body cameras
• Require prosecutors to take greater anti bias and anti-racism training
• Require training on the prosecution of police officers
• Demand clear protocols from the DA on the prosecution of police brutality

Calling Municipal Offices

Columbia Chief of Police Geoff Jones (573) 874-7652
CPD Community Outreach Police_Outreach@como.gov.

Call and express your concerns for the following:
• Decrease the size of the force
• Forfeit access to military riot control gear
• Require publicly accessible data of racially biased incidents
• Terminate officers with a history of discriminatory behavior and bar those with such histories from becoming officers.
• Require officers to document when they threaten civilians with force
• increase racial profiling training
• require peaceful de-escalation training for all officers
• Deauthorize police from carrying firearms
• Require community outreach as mandatory annual training
• Make ethics training annual
• Require a multiparty review of use of force.
• Require officers to report excessive force from other officers
• Ask that officers not be allow to use force without a warning and an immediate threat present
• Ban the use of all choking holds
• Require that outside organizations investigate shootings in which an officer cause harm or death.
• extend antibias training to specifically include aniracist education
• require all uniformed police officers to wear body cameras
• Seek investigation into hate groups

Mayor Brian Treece (573) 874 – 7222
mayor@CoMo.gov

Express concern for the following
• That the mayor’s office continue to support protests in CoMo and elsewhere
• Defund / Disband / reallocate some funding from CPD to ________________
• Create bills of zero tolerance for police brutality
• Fund organizations like Race Matters, Friends to help the black community
• Support black owned businesses
• Stop the gentrifying development of black neighborhoods
• Increase funding to predominantly black schools and resources
• Increase the involvement of black community leaders in columbia city planning

There wiil be Citizens Police Review Board (CPRB) on 6/10/20. This is not televised to the public, but minutes will be available later.

Support Black Businesses
• A Cut Above the Rest Barber and Salon
• Akilah Stanton Realtor
• Al's & Lena's Catering
• All Star Cuts
• ARW Equity Advisors, LLC
• AutoEmbassy
• BDNR Clothing
• Beatzworld Entertainment
• Big Daddy's Barbeque
• Billalian Baked Goods
• Billy Williams VIP Limo Service, LLC
• Boone Construction Co.
• Castello Branco Fields
• Cauhz
• Cheryl L. Miller, LLC
• Chrystal Hair & Make - Up
• Chump Change Band
• Columbia's Finest Child Development
• COMO BEACH CLOTHING
• CoMo Commercial Cleaning and Lawn
• Como Hair Bundles and Body Oils
• CoMo GoPo
• Concierge SUV Services
• Cut N Up W/ Deidra Hair Salon
• D-Tap Express Transportation Solutions
• Defense Against Diabetes
• Dolly Xo
• Exclusive Cuts barbershop
• EZ mowin
• G & G Paper Company
• Gaines Car Detailing
• GoMunchies Delivery
• HB-A Consulting
• Heart and Home Professional Services
• Henry Marketing Co
• Infinite Wellness Float Center
• Infiltronics Environmental civil engineering firm
• Integrated Solutions
• Jamaican Jerk Hut
• Joy’s Carry Out & Catering Service
• JTS Cutz
• K’Bella Dior Beauty and Aesthetics Spa
• KDB Cleaning Services Corp
• Key Solutions
• M&B Detailing & Ceramic Coatings
• Maid EZ Cleaning Service, LLC
• Me My Hair & I
• Menifield & Associates, LLC
• Missouri High Steppers
• Monarch Jewelry
• Ms Harris Cleaning Service
• Ms Kim’s Fish and Chicken
• MuchMO“w” LLC
• MUSE CLOTHING
• Nanny's Early Learning Center
• Noble Necessities
• Nehemiah Group
• Nora Stewart Early Learning Center
• Papadoo's Soulfood And bbq Kitchen
• Paramount Marketing Group Worldwide
• Picture That Media
• Quintilla's Kitchen
• Rock the Community
• Sheila’s African Boutique
• Shelby's Watch
• Simple Solutions Fitness
• Smith and Parnell LLC
• Sophia's Helping Hand Food Pantry
• Stella Studios
• Sunshine Cleaning
• Tammie's Covenant Kitchen
• THE GREENS CO.
• The Heriford House Counseling Center
• The Whitley Co.
• TMT Consulting
• Tootsie's Upscale Resale Boutique
• United Community Builders
• Winn Law Firm
• Womanhood of Recovery
• YouNique Beauty Supply